## "Experiencing Peace from the God of Peace"

**Scripture:** Philippians 4:6-9 (11-30-25 Dr. Adam Co)

We live in a world today that is full of inner turmoil and lack of peace. For the believer in Christ, we have access to the God of Peace through Jesus Christ.

But, still, many do not experience this peace as we should. So what are some practical ways to appropriate this peace from God through Christ?

Paul prescribes two ways in this passage:

- 1. by practicing genuine Christian prayer and
- 2. by practicing genuine Christian discipleship

## **GROWING DEEPER (Reflection & Application)**

- 1. Which of the two practices described in Phil. 4:6-9 do you find most helpful to you whenever you need God's peace in your life?
  - Share an instance that you experienced God's peace through such an approach.
  - Do you consistently use this approach to experience God's peace whenever you need it? Why or why not?
- 2. Which of the two practices described in Phil. 4:6-9 do you think you need to work on more in your Christian life?
  - What are some obstacles do you think you will encounter?
  - What are some practical steps can help you overcome these obstacles?
- 3. Given how our world is in need of true inner peace, how can you Phil. 4:6-9 to help those around you who are in need of peace? In other words, what are some ways you use Phil. 4:6-9 evangelistically with your non-Christian friends?